

Emotional Intelligence for Leaders

Emotional Intelligence has become a crucial part in how today's leaders meet the challenges they face daily. Emotional Intelligence skills are integral to decision making, empathizing with co-workers and friends, communicating vision to staff, overcoming challenging workplace situations, and staying resilient.



Emotional Intelligence for Leaders improves leaders' ability to excel in increasingly difficult and complex leadership roles. Emotional Intelligence (or EI) encompasses qualities that go beyond general intellectual intelligence and technical competency. Managers who maintain accurate self-awareness have more attributes of emotional intelligence and appear to be more effective to their superiors and subordinates.

The central finding of EI research is that emotions are essentially contagious, and thus a leader's attitude and energy can "infect" a workplace either for better or for worse. The hallmarks of a true leader can be acquired and when they are, they can significantly impact employee performance. This valuable seminar delivers the in-depth knowledge and practical emotional intelligence skills you need to ensure that you are a strong, emotionally intelligent leader.

Objectives:

- Provide an in depth look at EI, the value of enhancing this skill for personal and organizational performance
- Obtain an accurate assessment of your current emotional intelligence using the EQ-I Higher Ed[®]
- Assess and discuss your current leadership style and the application of EI
- Understand how emotions can influence thoughts, behavior, goals, decision-making, and work/personal relationships.
- Discuss the application of emotional intelligence to leadership functions such as:
 - Performance Management
 - Decision Making
 - Mediating Disputes
 - Interviewing and selection
 - Leading Others
- Practice applying EI to real world leadership situations.





Society of Emotional Intelligence

- Establish an action plan to continue applying EI skills in the workplace.